# 8 TYPES OF INTELLIGENCE

The word 'intelligence' is often described as our potential to absorb, process and analyze information presented to us. It can be measured using the most common method knows to us i.e. IQ tests.

However, scientists and psychologists have long argued that there cannot be a definitive method of measuring intelligence, simply because there are various kinds of intelligence.
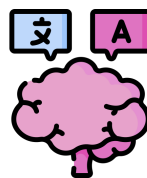
This theory was proposed by Harvard psychologist Howard Gardner in his 1983 book 'Frames of Mind: The Theory of Multiple Intelligences'. He outlined the existence of 8 different types of intelligences as follows:
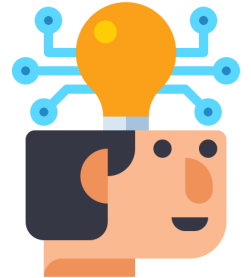
VISUAL-SPATIAL
Good at visualizing and judgement. Do well with maps, puzzles and charts

Eg: architects, engineers

LINGUISTIC-VERBAL
Able to use words very effectively and are good at writing, orating and memorizing
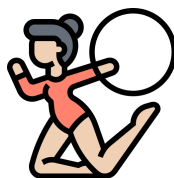
Eg: writers, lawyers

MUSICAL
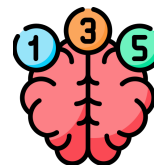Sharp understanding of sounds and rhythms. They are good are music composition and playing instruments

Eg: singers. musicians

BODILY-KINESTHETIC
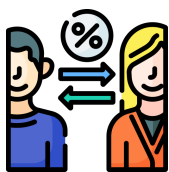Good at body movement and physical control. Have good hand-eye coordination and are dexterous

Eg: dancers, gymnasts

LOGICAL-MATHEMATICAL
Good at reasoning, logic, analyzing problems and have excellent problem-solving skills

Eg: mathematicians

INTERPERSONAL
Good at understanding and analyzing people's feelings and emotions. They are also good at human interaction

Eg: salespeople

INTRAPERSONAL
Good at analyzing their own emotional states and desires. They are good at relationship with their inner self and love to explore their own strengths and weaknesses

Eg: therapists, scientists

NATURALISTIC
Good at being more in tune with the environment and nature, learning about and nurturing flora and fauna

Eg: biologists, farmers

SOURCES:
https://www.verywellmind.com/gardners-theory-of-multiple-intelligences-2795161
Icons made by 'Eucalyp' from "www.flaticon.com
Icons made by 'Freepik' from "www.flaticon.com