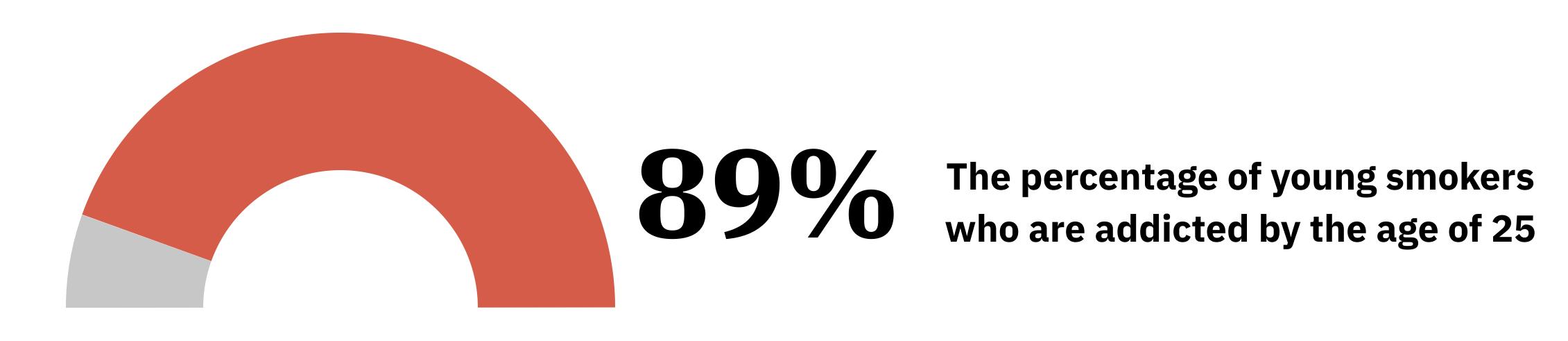


SMOKING: A GLOBAL BURDEN

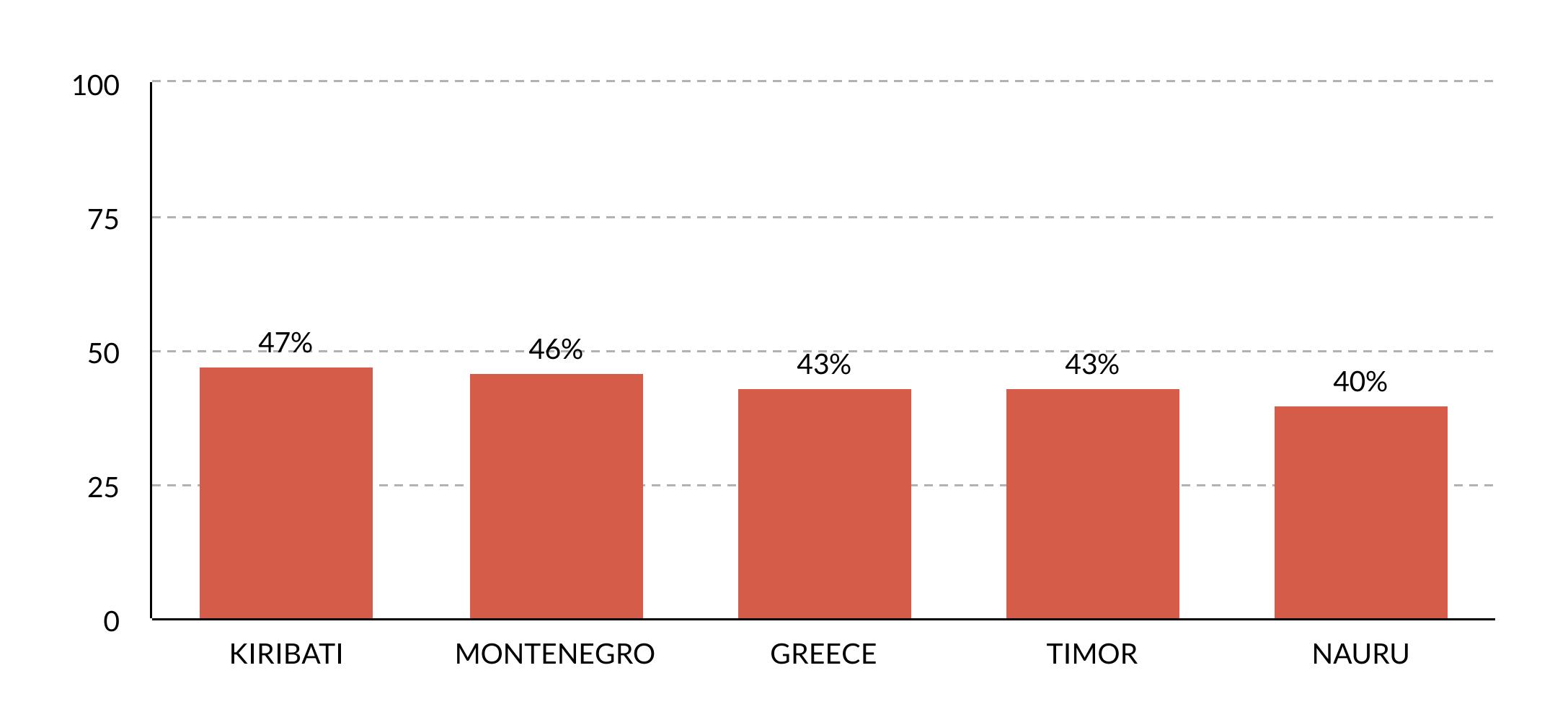


According to a study conducted by Lancet, smoking killed 8 million people in 2019. However, that did not stop the habit from getting picked up by the younger population.



WHICH COUNTRIES HAVE THE HIGHEST PERCENTAGE OF SMOKERS?

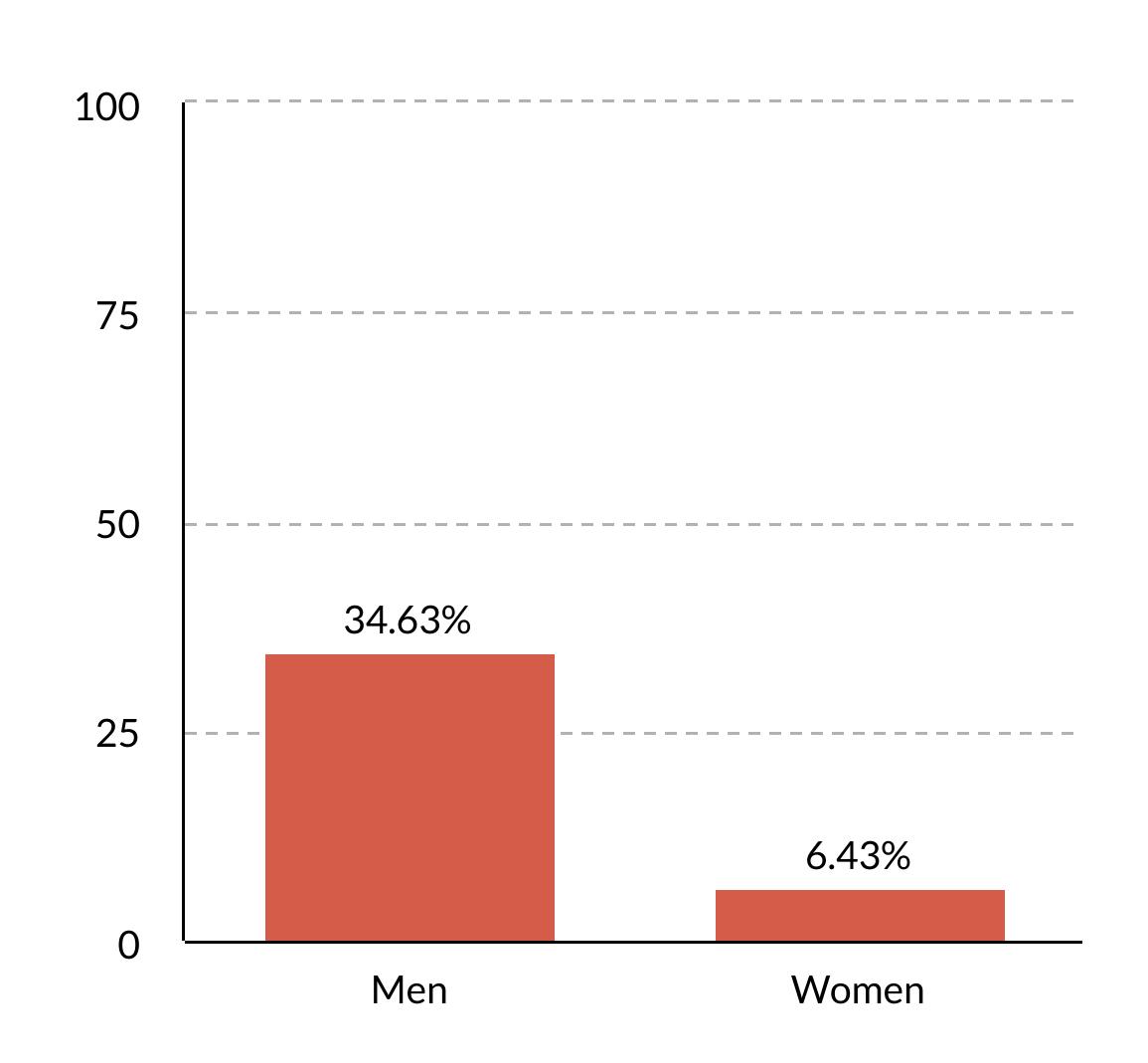
There are five countries where more than 40% of the population smokes.



In contrast, in some countries like Ethiopia, Peru, Ghana and Honduras, less than 5% of the population smokes.

SMOKING AND THE GENDER DIFFERENCES

While more than a third of the global male population smokes, the number of female smokers is remarkably low, with just above 6% of women identifying themselves as smokers.



The World Health Organization estimates that more than 8 million people die due to tobacco use each year, 7 million of which are the result of direct tobacco use. About 1.2 million non-smokers lose their lives because they are exposed to second-hand smoke. Smoking increases your chances of stroke, coronary disease, respiratory disease and several types of cancers.

"The best time to quit smoking was the day you started, the second-best time to quit is today."